



Farm to Family Connection presents
***Nourishing Eaters and
the Earth:
Dietitians Cultivating
Sustainable Food Systems
Workshop***

October 2, 2008

4:30 pm—7:00 pm

(CEU for 2 credits for dietitians will be from 4:45-6:45)

Cost is \$25.00

Workshop will be held at

**Siouxland District Health Department
1014 Nebraska Street
Sioux City, Iowa**

Sponsored by:

Farm to Family Connection (www.farmtofamily.net), a local radio show airing weekly on Thursdays on KKYA in Yankton, featuring local food producers, the Northeast Nebraska RC&D based in Plainview, Neb., and Farm to Family Connection Project, funded in part by a grant from the W.K. Kellogg Foundation and Northwest Iowa Dietetic Association

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Nourishing Eaters and the Earth: Dietitians Cultivating Sustainable Food Systems

Following this session, attendees will be able to:

1. Define sustainability and sustainable food systems.
2. Examine current food systems and explore how food system sustainability can ensure a future food supply that optimizes human and ecological health.
3. Describe the role of the food and nutrition professional in supporting and advocating for sustainable food systems using the American Dietetic Association's Primer on Sustainable Food Systems as a guide.

Presenter: Angie Tagtow
Environmental Nutrition Consultant

Angie Tagtow is a registered dietitian and environmental nutrition consultant who is dedicated to assuring all eaters have access to "good food." Her business, Environmental Nutrition Solutions, <http://www.environmentalnutritionsolutions.com>, takes an ecological approach to food and health by focusing on the public health benefits of sustainable food systems.

Angie is a member of the American Public Health Association; Society for Nutrition Education; Agriculture, Food and Human Values Society; Practical Farmers of Iowa; Iowa Network for Community Agriculture; Iowa Prairie Network; Women, Food and Agriculture Network and the Leopold Center for Sustainable Agriculture Regional Food Systems Working Group.

Who should attend? This workshop is for dietitians, nurses, administrators, public health practitioners, farmers, growers, producers and anyone else interested to hear the nutrition and health (public health, economic, community) benefits of a sustainable food system.

NOURISHING EATERS AND THE EARTH DIETITIAN WORKSHOP October 2, 2008		
Cost: \$25.00		3:30 pm—7:00 pm
Name _____		
Organization _____		
Address _____		
City _____	State _____	Zip _____
Business phone _____		
E-mail _____		
Method of Payment		
<input type="checkbox"/> Check enclosed. (Make checks payable to Northeast Nebraska RC&D)		
<input type="checkbox"/> Cash (Pay at the door)		
Mail to: Sandy Patton 52153 Hwy 20, Brunswick, NE 68720		
For more information, contact Sandy at 402-842-2555 or email sandyp@threeriverwb.net		

Please register to be sure we have enough handouts.

To register mail to:

Sandy Patton
52153 Hwy 20
Brunswick, Nebraska 68720

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sandyp@threeriverwb.net